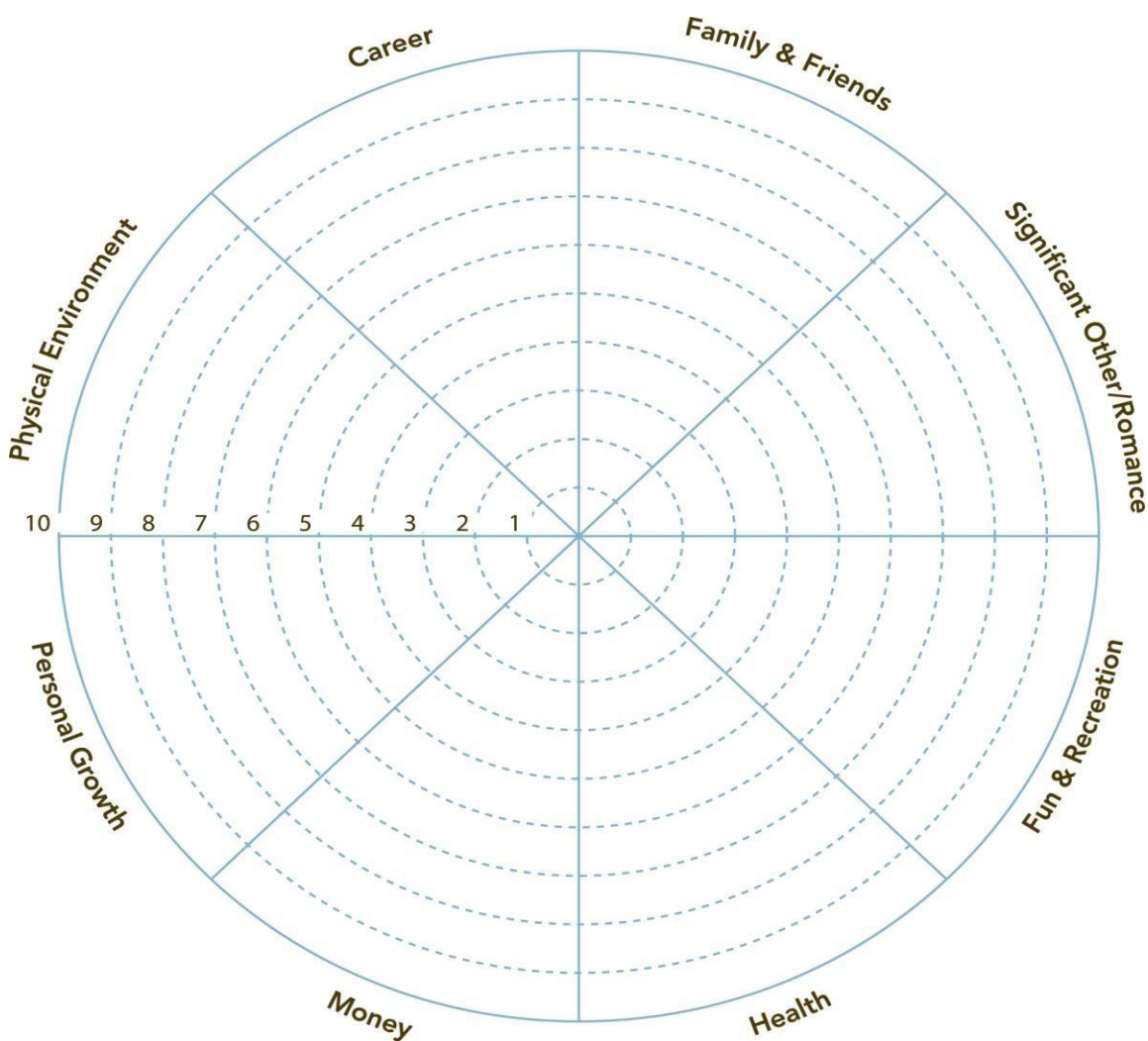




The Wheel of Life

Directions: The eight sections in the Wheel of Life represent different aspects of your life. You can choose other areas of your life in the blank template on page 2. Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction with each life area by drawing a straight or curved line to create a new outer edge. The new perimeter represents the wheel of your life. If this were a real wheel, where would the bumps be on your journey?





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